

**ENCOUNTER BOW**

A fun, free resource pack with interactive activities for kids! All the activities are part of our free outdoor arts day Encounter Bow, happening on Saturday 12th June 2021.

Some of them even give you a chance to have your art displayed as part of the day too! Turn the page to find out more...

# CHILDREN'S ACTIVITY PACK

**Encounter Bow is a day of free outdoor arts for the local community, happening on Saturday the 12th June 2021, from midday until 6pm.**

**A surprising, interactive, playful day of art and discovery between Roman Road, Old Ford Road, and all the hidden spaces in between.**

Run by Chisenhale Dance Space and curated by Moi Tran, the free arts programme includes contemporary dance, live art, plant soundscapes, audio walks, balloon art, origami sculptures, book readings and more—for all ages!

This day is about community care, spaces of joy and the importance of sharing and archiving collective stories. We together decide, we can be the shape shifters of the stories we care for.

With participatory experiences from Anna Sulan Masing, Caro Gervay, Eelyn Lee, Jason Singh, Kimvi, Lily Ly, Moi Tran, ShumGhostJohn and Quang Kien Van.

Shared experiences are more important than ever, and we have planned our arts day in line with Covid restrictions and have clear procedures in place to keep everyone safe.



# INTRODUCTION

# ABOUT CHISENHALE DANCE SPACE

Based on Chisenhale Road in Bow for over 35 years, Chisenhale Dance Space champions experimentation in dance for artists and the local community. We run affordable studios, artist support, classes for children and adults, performances and festivals.



## Come join in the fun and get dancing!

Chisenhale Dance Space offers a series of fun and imaginative Children's Creative Movement & Dance classes for children in local boroughs on Saturdays. Our creative classes invite children to explore different qualities of movement, learn contemporary dance skills and create their own exciting choreography. The classes start at age 2 and run on a progressive programme up to the ages of 9, engaging nearly 200 children each term.

**"Huge confidence to be whoever they want to be, to feel the freedom that dance brings, and to know that they can do anything"**

**"Dynamic, creative, professional, energetic and exciting"**

**"A great opportunity to learn dance, to move and have lots of fun together"**

- Parents of CDS participants

# CHILDREN'S CREATIVE MOVEMENT & DANCE CLASSES



To find out more information on classes & how to sign up, visit our website: [www.chisenhaledancespace.co.uk](http://www.chisenhaledancespace.co.uk)

Please contact our Operations and Education Manager Jessica at: [jessica@chisenhaledancespace.co.uk](mailto:jessica@chisenhaledancespace.co.uk) or telephone 020 8981 6617 if you have any questions.

A bright yellow, torn-edge graphic that resembles a piece of paper or a sticker, tilted slightly upwards from left to right. The text 'ENCOUNTER BOW' is printed in bold black letters across the center of this graphic.

**ENCOUNTER BOW**

**ANNA SULAN MASING**  
**CARO GERVAY & LILY LY**  
**EELYN LEE**  
**JASON SINGH**  
**KIMVI**  
**MOI TRAN**  
**QUANG KIEN VAN**  
**SHUMGHOSTJOHN**  
**THE COMMON ROOM**  
**–ROMAN RD TRUST**

- 1. Jason Singh:**  
**PLANT DRAWING FOR A SUPER**  
**SPECIAL FESTIVAL COLLAGE!**
- 2. ShumGhostJohn:**  
**MAKE YOUR OWN ORIGAMI**  
**SNOWFLAKE!**
- 3. Anna Sulan Masing:**  
**CINNAMON BREAKFAST POTS**
- 4. Moi Tran:**  
**NON-STOP READING**



**The following pages are your instructions for the featured artist activities in this pack. Remember to share and tag us in any activities you are doing through our social media channels here!**

**Facebook:**  
[facebook.com/ChisenhaleDance](https://www.facebook.com/ChisenhaleDance)

**Twitter & Instagram:**  
[@chisenhaleDance](https://www.instagram.com/chisenhaleDance)

# ACTIVITY 1

# PLANT DRAWING FOR A SUPER SPECIAL FESTIVAL COLLAGE! Jason Singh

A chance for your artwork  
to be in the festival!



Jason's project **Plantronica** is an augmented reality sound and visual installation. Jason has made his own equipment to record the sound of plants! Every plant has a unique sound that Jason 'collects' and turns into original soundscapes and compositions.

We're inviting the young people of Bow to submit their own drawings (videos and instructions below) that will

then be put together into collages that will be scanned on people's phones to trigger the musical soundscapes – just like a QR code!

These collages will be displayed on the arts day, in the Edible Bow community gardens on Old Ford Road and Daling Way for local people to come and see your fantastic art and experience the incredible sound of plants.



**Click [here](#) to see video or continue to the next pages to read the artist's intruction!**

**1.**

**Go into your garden, the park, or another green space near you and choose your favourite plant.**

**2.**

**Have a good look at your plant  
from all angles and then do a  
drawing of it.**

**You can use anything you like —pens, pencils,  
crayons, paint—anything goes!**

**3.**

**When you're drawing your plant,  
imagine what your plant might  
sound like.**

**You can put these ideas into your drawing too—  
maybe it sounds like a different colour?  
Use your imagination and be as creative as you like!**

**4.**

**Send us your picture so that we can add it to the special scannable images, and you can come and see it at ENCOUNTER BOW!**

**We need your pictures by 19<sup>TH</sup> MAY 2021 for them to be included in the day. Write YOUR NAME and YOUR SCHOOL OR GROUP on the back of your picture, then use the following options:**

**1.**

**Scan and email to us:  
projects@chisenhaledancespace.co.uk**

**2.**

**Post it to us:  
Eve VW, Chisenhale Dance Space,  
64-84 Chisenhale Rd, London, E3 5QZ**

**3.**

**Or if you live nearby, you can post it through the door at Chisenhale Art Place - same address as option 2.**

**5.**

**Come and see your drawing in  
the collage at the arts day on 12th June.**

**You can hear all of Jason's soundscapes,  
and take part in lots of other fun,  
free activities!**

# ACTIVITY 2

# MAKE YOUR OWN ORIGAMI SNOWFLAKE! ShumGhostJohn



**Thousand Papers** is an installation project where we think about our relationship with papers and pens, how they help us in developing our identity and our community. At the arts day ShumGhostJohn will be creating a community sculpture and inviting people to make origami and tell stories and build it up together. You can bring your snowflake to the arts day and help build the giant sculpture!



**Click [here](#) to see video or continue to the next page to read the artist's intruction!**

**All you need is a pair of scissors,  
a square piece of paper and a crafty  
mind. The best way with this is to  
make up your own design.**

## TOP TIP

**If you're starting with an A4 piece of paper or a rectangular shape, make a square by folding one corner down to form a triangle and cutting off the excess paper.**

**1.**

**Begin with your square piece of paper and fold it in half diagonally to make a triangle.**

**2.**

**Fold the triangle in half from the top corner to the bottom one, making a smaller triangle.**



**3.**  
**Fold the triangle into three, from left to right as shown here. Try to get these sections as even as possible.**

**1. Begin to fold the triangle in 3**



**2. the triangle folded into 2, from left to right**



4.

**Cut across your paper to create a straight edged triangle. Cutting the points off the bottom of your triangle will make a straight edge.**



## 5.

# Now's the time to get creative and give your snowflake a pattern.

**Cut some straight and/or curvy lines into the edges of your paper – these can be different sizes and shapes but be careful not to chop right across the paper or you'll end up with a much smaller snowflake.**



**6.**  
**The reveal!**  
**Gently unfold your paper to**  
**reveal your snowflake and your**  
**unique design.**

**7.**

**Bring your snowflake to the arts day on June 12th and add it to the sculpture!**

**Don't worry if you forget, there will be a chance to make more snowflakes and other fun shapes on the day.**

# ACTIVITY 3

# DELICIOUS RECIPE FOR CINNAMON BREAKFAST POTS! Anna Sulan Masing

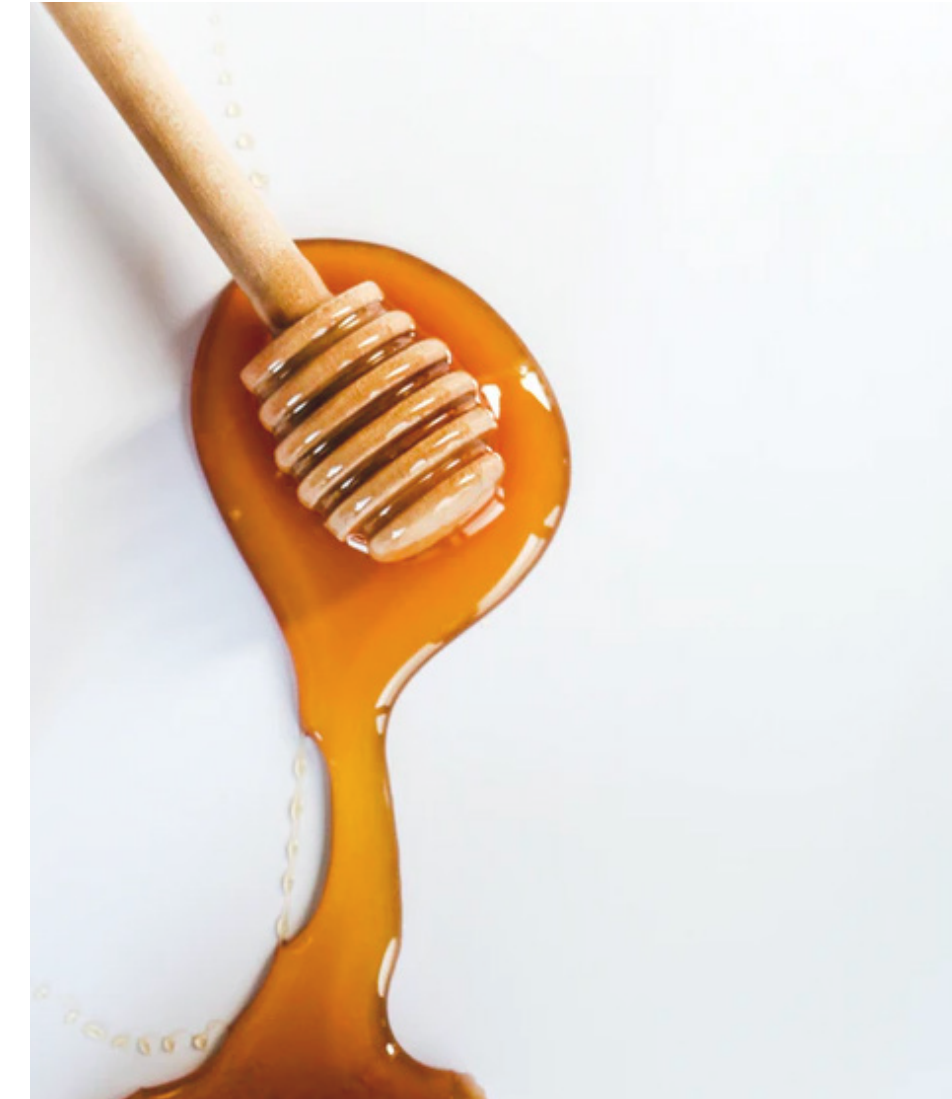
Anna's project—**Don't Sing In The Kitchen or You'll Marry an Old Man!**—is an exploration of food and flavour to find home and belonging in a new country.

Anna has made this recipe for you to try at home, she says: "I love playing around with spices, such as cinnamon and star anise,

using them in sweet and savoury dishes. I also love incorporating food, and particularly spices, into my writing as they provoke such strong memories for people - even if they can't physically smell them! This dish is a fun way to start the day, and we don't often think to put spice in our breakfast dishes."

# Cinnamon breakfast pots

- 40g plain porridge oats
- A squeeze of honey
- 1 egg
- 100g plain natural yogurt
- 1 teaspoon of cinnamon
- 100g raspberries
- (other berries can work too)



**1.**

**Preheat oven to  
200 fan or 180 on fan  
(gas 6)**

**2.**

**Place all ingredients  
in a bowl and  
mix well together**

**3.**

**Transfer mixture  
into small ovenproof dish  
(such as individual  
ramekins)**

**4.**

**Back in the oven  
for 35min, or until  
browned.**

**5.**  
**Serve with fruit!**

**Remember to tag and share  
your cinnamon pots with us  
on social media!**

**Facebook:  
[facebook.com/ChisenhaleDance](https://facebook.com/ChisenhaleDance)**

**Twitter & Instagram:  
[@chisenhaledance](https://twitter.com/chisenhaledance)**

# ACTIVITY 4

# NON-STOP READING! Moi Tran

Moi's project **Shy God - Chapter One** will have performers reading a whole book from start to finish for over 2 hours! Moi is looking at archives and how they are recorded, and who records them. An archive is a collection of historical documents or records providing information about a place, institution, or group of people. Have a go at your own non-stop reading and archiving below...

IMAGE:  
BOOK COVERS OF 'DẾ MÈN PHIÊU LƯU KÝ'  
(DIARY OF A CRICKET) BY TÔ HOÀI  
AND 'THE SECRET GARDEN' BY  
FRANCES HODGSON BURNETT



**1.**  
**Choose a short book,  
in any language.**

**2.**

**Find a comfortable place to sit,  
stand or lay down, any position you like!  
You can even walk around, but make sure  
you don't walk into anything!**

**3.**

**Now read the book from beginning to end all in one go. Put the book down and close your eyes and think about the story.**

**4.**

**After a little while, take a piece of paper and a pencil and try to write down everything you remember about the book you have just read.**

**Make sure to write down the name of the book, your name, the date and the time, this is your little reading memory archive.**

**5.**  
**Try other books and build your own  
memory archives over time .**

**The book does not need to be in English or an English book.**

**Remember to share with  
us about your Non-stop  
Reading experience with us  
on social media!**

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**Twitter & Instagram:  
[@chisenhaledance](https://www.instagram.com/chisenhaledance)**

**ENCOUNTER BOW**

**SATURDAY 12TH JUNE, 2021**

**Full programme to be announced in May.**



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Twitter & Instagram: @chisenhale  
[www.chisenhaledancespace.co.uk](http://www.chisenhaledancespace.co.uk)